

Approaches to Analytic Treatment 2
Spring 2021
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Syllabus

1. Introduction: What do we attend to: the spectrum of choices for both our thinking and for interpretation
 - a. Levy, S.T. and Inderbitzin, L.B. (1990). The analytic surface and the theory of technique. *J. Amer. Psychoanal. Assn.*, 38, 371-391
 - b. Poland, W.S. (2002). The interpretive attitude. *J. Amer. Psychoanal. Assn.*, 50(3), 807-826.
2. Transference Focus and concept of a Transference Neurosis
 - a. Freud, S. (1915). Observations on Transference-Love (Further Recommendations on the Technique of Psycho-Analysis III). In J. Strachey (Ed. & Trans), *The Standard Edition of the Complete Psychological Works of Sigmund Freud* (Volume XII, pp 157-171). Hogarth.
 - b. Renik, O. (1990.) The Concept of Transference Neurosis and Psychoanalytic Methodology. *IJP*, 71, 197-204.
3. Counter-transference focus
 - a. Sandler, J. (1976). Countertransference and role-responsiveness. *Int. Rev. Psycho-Anal.*, 3, 43-47.
 - b. Abend, S. M. (1989). Countertransference and psychoanalytic technique *Psychoanalytic Quarterly*, 58, 374-395.
4. Using ourselves; continued
 - a. Ogden, T.H. (1997). Reverie and interpretation. *Psychoanal. Q.*, 66, 567-595.
 - b. Jacobs, T.J. (1986). On Countertransference Enactments. *JAPA*, 34, 289-307.
5. Listening to the Unconscious and Free Association
 - a. Freud, S. (1912). Recommendations to Physicians Practicing Psychoanalysis. In J. Strachey (Ed. And Trans.), *The Standard Edition of the Complete Psychological Works of Sigmund Freud* (Vol X11, pp. 109-120). Hogarth.
 - b. Kris, A. (1996). Formulation for the viewpoint of free associations. *Free association: Methods and process* (pp. 1-7). The Analytic Press.
 - c. Kris, A. (1996). Variety of free association. *Free association: Methods and process* (pp. 8-13). The Analytic Press.
 - d. Kris, A. (1996). The method of free association. *Free association: Methods and process* (pp. 22-30). The Analytic Press.

- e. Kris, A. (1996). Free association in psychotherapy. *Free association: Methods and process* (pp. 102-106). The Analytic Press.
6. Reconstruction I
 - a. Freud, S. (1937). Construction in analysis. In J. Strachey (Ed. And Trans.), *The Standard Edition of the Complete Psychological Works of Sigmund Freud* (Vol XXIII, pp. 255-270). Hogarth.
 - b. Kris, E (1956). Recovery of childhood memories. *PsA Study of the Child, 11*, 54-88.
 7. Reconstruction II
 - a. Reed, G.S. (1993). On the value of explicit reconstruction. *Psychoanal. Q.*, 6, 52-73.
 - b. Lane. (2018). From reconstruction to construction: The power of corrective emotional experiences in memory reconsolidation and enduring change. *JAPA, 66*(3), 507-517.
 - c. Rosendahl (2018). Reconstruction in relation to therapeutic action. *JAPA, 3*, 517-525.
 8. Close Process/ Ego Defense focus
 - a. Gray, P (1973). Psychoanalytic technique and the ego's capacity for viewing intrapsychic activity. *JAPA, 21*, 474-494
 9. Opening Phase
 - a. Busch, Fred. (2014). Introduction to a conversion: Helping patients begin psychoanalysis. *Creating a psychoanalytic mind: A psychoanalytic method and theory* (pp. 131-137). Routledge.
 - b. Novick and Novick (2006). Evaluation. *Good goodbyes: Knowing how to end psychotherapy and psychoanalysis* (pp. 25-34). Jason Aronson.
 10. Middle Phase of Treatment
 - a. Novick and Novick (2006). Middle Phase. *Good goodbyes: Knowing how to end psychotherapy and psychoanalysis* (pp. 35-45). Jason Aronson.
 - b. Busch, Fred. (2014). The middle phase. *Creating a psychoanalytic mind: A psychoanalytic method and theory* (pp. 138-146). Routledge.
 11. Pre-termination Issues
 - a. Novick and Novick (2006). Pre-termination. *Good goodbyes: Knowing how to end psychotherapy and psychoanalysis* (pp. 55-103). Jason Aronson.

12. Termination Phase

- a. Busch, Fred. (2014). Termination. *Creating a psychoanalytic mind: A psychoanalytic method and theory* (pp. 147-158). Routledge.
- b. Novick and Novick (2006). Termination. *Good goodbyes: Knowing how to end psychotherapy and psychoanalysis* (pp. 104-124). Jason Aronson.

13. Neutrality

- a. Adler, E. and Bachant, J. (1996) Free association and analytic neutrality: The basic structure of ^[1]the psychoanalytic situation. *JAPA*, 44, 1021-1046.
- b. Renik, O. (1996) The perils of neutrality. *Psychoanal. Q.*, 65, 495-517

14. Unconscious Fantasy

- a. Erreich, A. (2003). A modest proposal: (Re) defining unconscious fantasy. *PsA. Quarterly*, 72(3), 541-574.

15. Working through

- a. Freud, S. (1914). Remembering, repeating and working through. In J. Strachey (Ed. And Trans.), *The Standard Edition of the Complete Psychological Works of Sigmund Freud* (Vol XII, pp. 145-156). Hogarth.
- b. Greenacre, P. (1956). Re-Evaluation of the process of working through. *IJP*, 37, 439-444

16. Wrap Up

- a. Kernberg, O.F. (1993). Convergences and divergences in contemporary psychoanalytic technique. *Int. J. Psycho-Anal.*, 74, 659-673