Psychoanalytic Center of the Carolinas

Psychoanalytic Models of the Mind, Part II

Spring 2018

Instructors:
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Time: Tuesday, 7:10 pm – 8:40 pm
Dates: January 23 - May 8, 2018 (sixteen weeks)
Location: Center for Psychological & Family Services, Chapel Hill

Course Description:
Psychoanalytic Models of the Mind is a two-part course that provides an introduction to the major phases in the development of psychoanalytic theory from its origins in the latter part of the 19th century to the present. Part II is a 16-week course that will begin with a review and deepening of understanding of Object Relations theories (Klein, Fairbairn, Winnicott), and continue into an examination of Self Psychology (Kohut, Wolf), both of which contributed greatly to the paradigm shift in American psychoanalysis referred to as “The Relational Turn.” We will then explore the ways in which infant observation studies, attachment theory, trauma studies, and Fonagy’s ideas about “mentalization” have spurred the evolution of what is currently a true “Dynamic Systems” (Beebe and Lachmann, Brandchaft) or “Complexity” understanding of psychic functioning and treatment.

Learning Objectives:

1. Describe how followers of Klein, Fairbairn, and Winnicott presented new understandings of the way that relations with others shape the human mind.
2. Explain why Kohut’s Self Psychology was felt as a revolutionary development in psychoanalytic theory.
3. Share with the group, in the form of a graphic, how the study of relational psychoanalysis and intersubjectivity effect your mental image of the human mind in psychoanalysis.
4. Describe the impact on traditional psychoanalysis of our increased understanding of trauma in the twentieth century, and how the treatment of trauma is different from your prior understanding of psychoanalytic treatment.

Class Texts:

Students are not required to buy a text for this course, but the following two texts for the 2017 Models of the Mind I course could be helpful. Assigned readings will be either available in PEP-Web or provided electronically.

Class Schedule:

Class One: Introduction and Melanie Klein -- (Jan. 23, 2018)
- Auchincloss Chapter 4, and additional charts (copy to be provided)
- Mitchell and Black, Chapter 4, “Melanie Klein and Contemporary Kleinian Theory,” p. 85-111. (copy to be provided)

Class Two: Further Developments in Kleinian Theory -- (Jan. 30, 2018)

Class Three: Fairbairn -- (Feb. 6, 2018)
- Mitchell and Black, Chapter 5, “The British Object Relations School: WRD Fairbairn and DW Winnicott,” p. 112-123 (half of the chapter) (copy to be provided).

Class Four: Winnicott -- (Feb. 13, 2018)
- Mitchell and Black, Chapter 5, “The British Object Relations School: WRD Fairbairn and DW Winnicott,” p. 124-138 (other half of the chapter) (copy to be provided).

Class Five: Self Psychology -- (Feb. 20, 2018)

Class Six: Self Psychology -- (Feb. 27, 2018)

Class Seven: Self Psychology -- (Mar. 6, 2018)

Class Eight: The “Relational Turn” – (Mar. 13, 2018)

Class Nine: Relational/Intersubjective Psychoanalysis – (Mar. 20, 2018)

Class Ten: Relational/Intersubjective Psychoanalysis – (Mar. 27, 2018)

• (Supplemental Reading) Karen, R. (1990) “Becoming Attached.” The Atlantic Monthly, 1990/2. (PDF Copy Provided) (Note: This article, in “laymen’s language,” fills in some historical and biographical information that you may enjoy reading at least bits of, to supplement the Slade article. A copy will be provided.)

Class Twelve: Attachment Theory/Mentalization – (Apr. 10, 2018)

Class Thirteen: Attachment – (Apr. 17, 2018)
• YouTube Videos: Strange Situation (Ainsworth); Sill Face (Tronick) (Links will be provided.)

Class Fourteen: Trauma in Psychoanalytic Theory – (Apr. 24, 2018)
• Fonagy, P. (2010) “Foreword” to Bohleber’s book, above. P.xi-iii. (copy to be provided)

Class Fifteen: Towards Wholeness of Mind and Self – (May 1, 2018)
• (TBA)

Class Sixteen: Recapitulation – (May 8, 2018)