

Transference, Countertransference and Resistance in Psychoanalysis

Spring 2021

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Syllabus

Readings:

1) Freud S, Case of Hysteria (Dora)

2) Almond, R. (2011). Freud's "The Dynamics of Transference" One Hundred Years Later. *J. Amer. Psychoanal. Assn.*, 59:1129-1156.

Lena Dunham, Difficult Girl <http://www.newyorker.com/magazine/2014/09/01/difficult-girl>

Friedman, L. (1969). The Therapeutic Alliance. *Int. J. Psycho-Anal.*, 50:139-153.

3) **Freud, S.** (1915). Observations on Transference-Love (Further Recommendations on the Technique of Psycho-Analysis III). *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 157-171 Gill, M.M. (1979). The Analysis Of The Transference. *J. Amer. Psychoanal. Assn.*, 27S:263-288.

Raphling, D.L., Chused, J.F. (1988). Transference Across Gender Lines. *J. Amer. Psychoanal. Assn.*, 36:77-104.

4) Resistance

Joyce Slochower (2020) Resist This, *Psychoanalytic Dialogues*, 30:1, 64-72, DOI: 10.1080/10481885.2019.1702387

Frank Summers (2020) From Resistance to Analytic Truth, *Psychoanalytic Dialogues*, 30:1, 73-83, DOI: 10.1080/10481885.2019.1702388

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5) Wilson, M. (2013). Desire and Responsibility: The Ethics of Countertransference Experience. *Psychoanal Q.*, 82:435-476.

Winnicott, D.W. (1949). Hate in the Counter-Transference. *Int. J. Psycho-Anal.*, 30:69-74.

6) Leary, K. (1997). Race, Self-Disclosure, And "Forbidden Talk": Race And Ethnicity In Contemporary Clinical Practice. *Psychoanal Q.*, 66:163-189.

Corpt, E.A. (2013). Peasant in the Analyst's Chair: Reflections, Personal and Otherwise, on Class and the Forming of an Analytic Identity. *Int. J. Psychoanal. Self Psychol.*, 8:52-69.

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- Kuchuck, S. (2013). When Two Become Four: Patient, Analyst, Lover, Friend. *Psychoanal. Perspect.*, 10:220-234.
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- 10) Guntrip, H. (1996). My Experience Of Analysis With Fairbairn And Winnicott: (How Complete A Result Does Psychoanalytic Therapy Achieve?). *Int. J. Psycho-Anal.*, 77:739-754.
- Sandler, A., Godley, W. (2004). Institutional responses to boundary violations: The case of Masud Khan. *Int. J. Psycho-Anal.*, 85:27-42.
- 11) Akhtar, S. (2007). Diversity without Fanfare: Some Reflections on Contemporary Psychoanalytic Technique. *Psychoanal. Inq.*, 27:690-704.
- Levenson, L.N. (2007). Paul Gray's Innovations in Psychoanalytic Technique. *Psychoanal Q.*, 76:257-273.
- 12) Hirsch, I. (1998). The Concept of Enactment and Theoretical Convergence. *Psychoanal Q.*, 67:78-101.
- Jacobs, T. (1999). On the Question of Self-Disclosure by the Analyst: Error or Advance in Technique?. *Psychoanal Q.*, 68:159-183.
- 13) Schwaber, E.A. (1992). Countertransference: The Analyst's Retreat from the Patient's Vantage Point. *Int. J. Psycho-Anal.*, 73:349-361
- 14) Winnicott, D.W. (1956). On Transference. *Int. J. Psycho-Anal.*, 37:386-388
- Joseph, B. (1985). Transference: The Total Situation. *Int. J. Psycho-Anal.*, 66:447-454
- 16) Abend, S.M. (2009). Freud, Transference, and Therapeutic Action. *Psychoanal Q.*, 78:871-892.
- Friedman, L. (2006). What is Psychoanalysis?. *Psychoanal Q.*, 75:689-713.

Objectives:

1. Discuss the one of the earliest descriptions of transference in Freud's case of hysteria.
2. Explain the evolution of the early thinking about transference and compare it to its more recent understanding as being a part of a more pluralistic clinical theory.
3. Discuss the relationship between transference and the therapeutic alliance.
4. Discuss how transference can be used as a form of resistance, both in the client and the therapist.

5. Discuss what is meant by “analysis of resistance” and its role in treatment.
6. Describe some of the forms that resistance might take.
7. Compare the concept of resistance to that of defense mechanism.
8. Discuss the early descriptions of countertransference and how its appearance in the analyst was described.
9. Discuss different approaches an analyst might take in choosing to disclose, or not disclose, experiences of countertransference.
10. Discuss how issues like race, gender may impact both transference and countertransference.
11. Discuss how transference and countertransference can function as a resistance.
12. Discuss the role of displacement and projective identification as aspects of transference and/or countertransference.
13. Discuss the concept of acting out, or enactment, and whether these are only simply forms of resistance.
14. Describe acting out and displacements of transference using examples from clinical material.
15. Describe the likely transference and countertransference with individual cases using developmental data.
16. Demonstrate some of technical skills used in the clinical presentation of resistance, transference, and countertransference.