

TRANSFORMING DESTRUCTIVENESS:
WORKING WITH THE DIFFICULT-TO-TREAT PATIENT

January 19 – May 10, 2021

PETER Z. PERAULT, MD

Week 1 – Overview of the “Widening Scope” and Contemporary Clinical Technique

- 1) Akhtar, S. (2014). Psychoanalytic treatment of trauma and the analyst’s personality. *Psychoanalytic Inquiry*, 34, 204-213.

Week 2 – How Analysts Listen

- 1) Stern, D.B. (2009). Partners in thought: A clinical process theory of narrative. *Psychoanalytic Quarterly*, 78, 701-731.

Week 3 – How Analysts Listen II:

- 1) Basch, M.F. (1983). Empathic Understanding: A Review of the Concept and Some Theoretical Considerations. *J. Amer. Psychoanal. Assn.*, 31, 101-126.

Week 4 —How Analysts Listen III: Empathy and the Treatment of Narcissism

- 1) Kohut, H. (1984). The role of empathy in psychoanalytic cure. *How does analysis cure?* (pp. 172-191). Univ. Chicago Press.

Week 5 —Empathy

- 1) Lichtenberg, J.D. (1981). The empathic mode of perception and alternative vantage points for psychoanalytic work. *Psychoanalytic Inquiry*, 1, 329.

Week 6 —Infant Research, Affect and Shame

- 1) Nathanson, D.L. (1987). A timetable for shame. *The many faces of shame* (pp. 1-63). Guilford.

Week 7 – Shame II

- 1) Lansky, M.R. (2005). Hidden shame. *JAPA*, 53, 865-890.
- 2) Lansky, M.R. (2007). Unbearable shame, splitting, and forgiveness in the resolution of vengefulness. *JAPA*, 55, 571-593.

Week 8 —Attachment and Mentalization

- 1) Fonagy, P. & Target, M. (2008). Attachment, trauma, and psychoanalysis: Where psychoanalysis meets neuroscience. In Jurist, Slade & Bergner (Eds.), *Mind to mind: Infant research* (pp. 15-49). Other Press.
- 2) Slade, A. (2000). The development and organization of attachment: Implications for psychoanalysis, *JAPA*, 48, 1147-1174.

Week 9 — Personality Disorders

- 1) Siever and Weinstein (2009). The neurobiology of personality disorders: Implications for psychoanalysis. *JAPA*, 57, 361-398.
- 2) Lenzenweger (2010). Current status of the scientific study of the personality disorders. *JAPA*, 58, 741-778.

Week 10 — Borderline Pathology and Treatment

- 1) Fonagy, P. & Bateman, A. (2008). Mentalization-based treatment of borderline personality disorder. In Jurist, Slade & Bergner (Eds.), *Mind to mind: Infant research* (pp. 139-166). Other Press.
- 2) Bion. (1959). Attacks on linking. *Int J. Psychoanalysis*, 40, 308-315.

Week 11 — Borderline Pathology and Treatment II

- 1) Levy, K. N., Clarkin, J. F., Yeomans, F. E., Scott, L. N., Wasserman, R. H., & Kernberg, O. F. (2006). The mechanisms of change in the treatment of borderline personality disorder with transference focused psychotherapy. *Journal of Clinical Psychology*, 62(4), 481-50.
- 2) Kernberg, O., Diamond, D. Yeomans, F. E., and Clarkin, J. F. (2008). Mentalization and attachment in borderline patients in transference-focused psychotherapy. In Jurist, Slade & Bergner (Eds.), *Mind to mind: Infant research* (pp. 167-201). Other Press.
- 3) Caligor, E., Diamond, D. Yeomans, F. E., and Kernberg, O. (2009). The interpretive process in the psychoanalytic psychotherapy of borderline personality pathology. *JAPA*, 57, 271-302.

Week 12 — Hatred and Rage, Domination and Submission

- 1) Kernberg, O. (1995). Hatred as a core affect of aggression. In S. Akhtar, S. Kramer, H. Parens (Eds). *The birth of hatred, developmental, clinical, and technical aspects of intense aggression*. Jason Aronson.
- 2) Akhtar, S. (1995). Some reflections on the nature of hatred and its emergence in the treatment process: discussion of Kernberg's chapter "Hatred as a core affect of aggression" In S. Akhtar, S. Kramer, H. Parens (Eds). *The birth of hatred, developmental, clinical, and technical aspects of intense aggression*. Jason Aronson.
- 3) Benjamin, J. (2004). Beyond doer and done to: An intersubjective view of thirdness. *Psychoanal Q.*, 73, 5-46.
- 4) Lichtenberg, J.D., Shepard, B. (2000). Hatred and its rewards: A motivational systems view. *Psychoanalytic Inquiry*, 20, 374-388.

Week 13 — Dissociation

- 1) Bromberg, P. M. (2008). "Mentalize this!" Dissociation, enactment and clinical process. In Jurist, Slade & Bergner (Eds.), *Mind to mind: Infant research* (pp. 414-434). Other Press.

Week 14 — Trauma I

- 1) Davies, J.M. and Frawley, M.G. (1994). Trauma and child sexual abuse in psychoanalysis. *Treating the Adult Survivor of Sexual Abuse* (pp. 11-25). Basic Books.
- 2) Davies, J.M. and Frawley, M.G. (1994). Dissociation. *Treating the Adult Survivor of Sexual Abuse* (pp. 62-85). Basic Books.

- 3) Davies, J.M. and Frawley, M.G. (1994). Disclosure and the recovery of memories. *Treating the Adult Survivor of Sexual Abuse* (pp. 86-102). Basic Books.

Week 15 —Trauma II

- 1) Davies, J.M. and Frawley, M.G. (1994). The impact of trauma on transference and countertransference. *Treating the Adult Survivor of Sexual Abuse* (pp. 149-166). Basic Books.
- 2) Davies, J.M. and Frawley, M.G. (1994). Eight transference-countertransference positions. *Treating the Adult Survivor of Sexual Abuse* (pp. 167-185). Basic Books.
- 3) Davies, J.M. and Frawley, M.G. (1994). Transference and countertransference: A case example. *Treating the Adult Survivor of Sexual Abuse* (pp. 186-197). Basic Books.
- 4) Davies, J.M. and Frawley, M.G. (1994). Technical considerations. *Treating the Adult Survivor of Sexual Abuse* (pp. 198-215). Basic Books.

Week 16 —Trauma III

- 1) van der Kolk, B.A. (2002). Posttraumatic Therapy in the Age of Neuroscience. *Psychoanal. Dial.*, 12, 381-392.