

Title: Thinking Psychoanalytically: The Basics (101) Monday August 24 – December 14, 2020, 6:30 – 8:00 pm EDT Category: Classes

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Course Syllabus: Thinking Psychoanalytically: The Basics (101)

8/24/20 (Meyer and Kudler) The Timelessness of the Unconscious •  
Reading: none

8/31/20 (Meyer) The Heart of the Therapist • Rako, S. & Mazer, H. (Eds). (1980 & 2003). Semrad: The heart of a therapist. Lanham, MD: Jason Aronson/Rowman & Littlefield.

9/7/20 - LABOR DAY – NO CLASS

9/14/20 (Kudler) The Beginnings of a Psychoanalytic Treatment • Bruch, H. Preface and Chapter 1, vii-18. (All Bruch readings are from Bruch, H. (1974) Learning Psychotherapy: Rationale and Ground Rules. Harvard University Press, Cambridge, MA).

9/21/20 (Kudler) Brief Introduction to Psychoanalytic Theory • Bruch, Chapter 2, 19-38.

9/28/20 (Meyer) Analytic Psychotherapy: Considerations On Beginning the Treatment • Freud, S. (1913). On Beginning Treatment (Further Recommendations on the Technique of Psycho-Analysis). In J. Strachey (Ed. & Trans.), The standard edition of the complete psychological works of Sigmund Freud (Vol. 12, pp. 121-144). London: Hogarth Press.  
• Basch, M. (2008) Doing Psychotherapy. Pp. 14-52. NY: Basic Books.

10/05/20 (Meyer) Transference and Countertransference • McWilliams, N. (2004). Preparing the client. Psychoanalytic psychotherapy: A practitioner's guide (pp. 73-98). New York, NY: The Guilford Press. • Shedler, J. (2006). That was then, this is now: An introduction to contemporary psychodynamic therapy. Retrieved from <http://www.jonathanshedler.com/writing>

10/12/20 (Meyer) Sandor Ferenczi and Sigmund Freud – The father and “mother” of psychoanalysis • Ferenczi, S. (1949). The confusion of tongues between adult and children: The language of tenderness and passion. In M. Balint (Ed.), *Final contributions to the problems and methods of psychoanalysis (Volume III)* (pp. 156-167). New York, NY: Bruner-Mazel. OR • Ferenczi, S. (1933). The confusion of tongues between adults and children: The language of tenderness and passion. *International Journal of Psycho-Analysis*, 30, 225-230.

10/19/20 (Meyer) When LGBT Folks Cured Psychiatry: the DSM Story You Never Knew. • Meyer, W. S. (2013). *The Psychoanalyst and the homosexual: A long, dark journey into light*. *Smith College Studies in Social Work*, 83(1), 18-35. • Meyer, W.S. (2013) *Homosexuality uncured: Reflections of a former analysand*. *Smith College Studies in Social Work*, 83(1), 36-44. 9.

10/26/20 (Kudler) *Psychoanalysis Beyond the Couch* • Bruch, Chapter 3, 39-56.

11/2/20 (Meyer) *The Contributions of D.W. Winnicott* • Guntrip, J. (1975). My experience of analysis with Fairbairn and Winnicott: How complete a result does psychoanalytic therapy achieve? *International Review of Psychoanalysis*, 2, 145-156. • Winnicott, D.W, (1958). Hate in the counter-transference. *International Journal of Psychoanalysis*, 30(2), 69-74. • Ekstein, R. (1990). Concerning the life cycle of transitional objects. *Issues in Ego Psychology*, 13(1), 9-14.

11/9/20 (Kudler) *The Therapeutic Relationship* • Bruch, Chapter 4, 57-81.

11/16/20 (Kudler) *Listening and Speaking* • Bruch, Chapter 5, 82-100.

11/23/20 (Kudler) *Career-Long Learning and Development* • Bruch, Chapters 6 and 8, 101-117, 143-150.

11/30/20 (Kudler) The Course of Treatment • Bruch, Chapter 7, 118-142.

12/7/20 (Meyer) The Oedipus Complex: Reverberations Through a Lifetime • Freud, S. (1991). On daughters and fathers. My three mothers and other passions (pp. 275-290). New York, NY: University Press. • Rothstein, A. (1979). Oedipal conflicts in severe personality disorders. *International Journal of Psychoanalysis*, 60, 189-199. 16.

12/14/20 (Meyer and Kudler) Wrap Up and Farewell Dinner • Reading: TBA