

Title: Thinking Psychoanalytically: The Basics (101) Monday August 23 – December 13, 2021, 6:30 – 8:00 pm EDT Category: Introductory

Course Syllabus: Thinking Psychoanalytically: The Basics (101)

8/23/21 (Kudler and Craige) The Timelessness of the Unconscious Reading: none

8/30/21 (Kudler) The heart of the therapist.

Reading:

- Rako, S. & Mazer, H. (Eds). (1980 & 2003). *Semrad: The heart of a therapist*. Jason Aronson/Rowman & Littlefield.

9/6/21 - LABOR DAY – NO CLASS

9/13/21 (Kudler) The Beginnings of a Psychoanalytic Treatment

Readings:

- Bruch, H. (1974). Preface. *Learning psychotherapy: Rational and ground rules* (pp vii- ix). Harvard University Press.
- Bruch, H. (1974). When strangers meet. *Learning psychotherapy: Rational and ground rules* (pp. 1-18). Harvard University Press.

9/20/21 (Kudler) Brief Introduction to Psychoanalytic Theory

Reading:

- Bruch, H. (1974). Personality in the making. *Learning psychotherapy: Rational and ground rules* (pp. 19-38). Harvard University Press.

9/27/21 (Kudler) Analytic Psychotherapy: Considerations on Beginning the Treatment

Readings:

- Freud, S. (1913). On beginning treatment (further recommendations on the technique of psycho-analysis). In J. Strachey (Ed. & Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 12, pp. 121-144). Hogarth Press.
- Basch, M. (2008) *Doing psychotherapy* (pp. 14-52). Basic Books.

10/04/21 (Craige) Transference and Countertransference

Readings:

- McWilliams, N. (2004). Preparing the client. *Psychoanalytic psychotherapy: A practitioner's guide* (pp. 73-98). The Guilford Press.

- Shedler, J. (2006). *That was then, this is now: An introduction to contemporary psychodynamic therapy*. <https://www.jonathanshedler.com/writing>

10/11/21 (Kudler) Sandor Ferenczi and Sigmund Freud – The father and “mother” of psychoanalysis

Readings:

- Ferenczi, S. (1949). The confusion of tongues between adult and children: The language of tenderness and passion. In M. Balint (Ed.), *Final contributions to the problems and methods of psychoanalysis* (Volume III, pp. 156-167). Bruner-Mazel.
- OR Ferenczi, S. (1933). The confusion of tongues between adults and children: The language of tenderness and passion. *International Journal of Psycho-Analysis*, 30, 225-230.

10/18/21 (Kudler) When LGBT Folks Cured Psychiatry: the DSM Story You Never Knew.

Readings:

- Meyer, W. S. (2013). The Psychoanalyst and the homosexual: A long, dark journey into light. *Smith College Studies in Social Work*, 83(1), 18-35.
- Meyer, W.S. (2013) Homosexuality uncured: Reflections of a former analysand. *Smith College Studies in Social Work*, 83(1), 36-44.

10/25/21 (Kudler) Psychoanalysis Beyond the Couch

Readings:

- Bruch, H. (1974). The world around us. *Learning psychotherapy: Rational and ground rules* (pp. 39-56). Harvard University Press.

11/1/21 (Craigie) The Contributions of D.W. Winnicott

Readings:

- Guntrip, J. (1975). My experience of analysis with Fairbairn and Winnicott: How complete a result does psychoanalytic therapy achieve? *International Review of Psychoanalysis*, 2, 145-156.
- Winnicott, D.W, (1958). Hate in the counter-transference. *International Journal of Psychoanalysis*, 30(2), 69-74.
- Ekstein, R. (1990). Concerning the life cycle of transitional objects. *Issues in Ego Psychology*, 13(1), 9-14.

11/8/21 (Kudler) The Therapeutic Relationship

Reading:

- Bruch, H. (1974). The patient speaks. *Learning psychotherapy: Rational and ground rules* (57-81). Harvard University Press.

11/15/21 (Kudler) Listening and Speaking

Reading:

- Bruch, H. (1974). On talking and listening. *Learning psychotherapy: Rational and ground rules* (pp. 82-100). Harvard University Press.

11/22/21 (Kudler) Career-Long Learning and Development

Readings:

- Bruch, H. (1974). On teaching and learning. *Learning psychotherapy: Rational and ground rules* (pp. 101-117). Harvard University Press.
- Bruch, H. (1974). The next step. *Learning psychotherapy: Rational and ground rules* (pp. 143-150). Harvard University Press.

11/29/21 (Kudler) The Course of Treatment

Reading:

- Bruch, H. (1974). The therapeutic experience. *Learning psychotherapy: Rational and ground rules* (pp. 118-142). Harvard University Press.

12/6/21 (Craig) The Oedipus Complex: Reverberations Through a Lifetime

Readings:

- Freud, S. (1991). On daughters and fathers. *My three mothers and other passions* (pp. 275-290). University Press.
- Rothstein, A. (1979). Oedipal conflicts in severe personality disorders. *International Journal of Psychoanalysis*, 60, 189-199. 16.

12/13/21 (Kudler and Craig) Wrap Up and Farewell Dinner

- Reading: TBA

CE-CME Information:

This activity had been planned and implemented in accordance with the accreditation requirements of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

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101 Cloister Court, Suite A | Chapel Hill, NC 275614

Phone: 919.490.3212 | Fax: 877.897.4034 | www.carolinapsychoanalytic.org

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