

## Psychoanalytic Center of the Carolinas

### Psychoanalytic Models of the Mind, Part I

Fall 2017

#### Instructors:

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Time: Tuesday, 5:30 pm – 7:00 pm

Dates: August 29 - December 12

Location: Center for Psychological & Family Services, Chapel Hill

#### Course Description:

Psychoanalytic Models of the Mind is a two-part course that provides an introduction to the major phases of development in psychoanalytic theory from its origins in the latter part of the 19th century to the present. Part I is a 16-session course that focuses on psychoanalytic theories originating with Sigmund Freud through ego psychology (Anna Freud, Heinz Hartmann, Charles Brenner) and early object relations (Melanie Klein and William Fairbairn). We will follow themes of topography, motivation, structure, and development through out the course to learn how these theories evolve from, coexist with and inform each other. This course is intended for clinicians at intermediate through advanced levels.

#### Learning Objectives:

1. Demonstrate understanding of the following theories by way of creating a diagrammed model of the mind for each theory.
  - Sigmund Freud's metapsychologies - Topographic Model and Structural Model
  - The ego psychological model as postulated by Anna Freud, Heinz Hartmann and Charles Brenner
  - Melanie Klein's model of early object relations
  - William Fairbairn's model of early object relations
2. Demonstrate an understanding of the relationship between psychoanalytic theory and psychoanalytic process by writing a formulation linking detailed process notes with two of the above models.
3. Demonstrate the role of topography, motivation, structure, and development in each of these theories by summarizing in class what role they play in the above theories. Each student will have the opportunity to do this during a summary class (Class 6, 12 or 16).

#### Class Texts:

1. Auchincloss, Elizabeth. (2015). *The Psychoanalytic Model of the Mind*. Washington D.C.: American Psychiatric Publishing.
2. Greenberg, J. and Mitchell, S. (1983). *Object Relations in Psychoanalytic Theory*. Cambridge: Harvard University Press.

## Class Schedule:

### Class One: Introduction

- Auchincloss Chapter 4

### Class Two: Topographic Model

- Strachey, J. (1953). The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume V (1900-1901): **The Interpretation of Dreams** (Second Part) and On Dreams, The Hogarth Press and the Institute of Psycho-analysis, London. **Chapter 7 Parts B, C, E, F**

### Class Three: Drives

- Freud, S. (1915). **Instincts and their Vicissitudes**. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIV (1914-1916): On the History of the Psycho-Analytic Movement, Papers on Metapsychology and Other Works, 109-140

### Class Four: Oedipus Conflict

- Freud, S. (1909). **Analysis of a Phobia in a Five-Year-Old Boy**. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume X (1909): Two Case Histories ('Little Hans' and the 'Rat Man'), 1-150

### Class Five: Transference

- Freud, S. (1912). **The Dynamics of Transference**. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 97-108
- Freud, S. (1915). **Observations on Transference-Love** (Further Recommendations on the Technique of Psycho-Analysis III). *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 157-171

### Class Six: Recapitulation and Transition

- Auchincloss Chapter 8 and Chapter 9

### Class Seven: Structural Model

- Strachey, J. (1961). The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIX (1923-1925): **The Ego and the Id** and Other Works, The Hogarth Press and the Institute of Psychoanalysis, London. Chapters 1-3.

### Class Eight: Superego

- Schafer, R. (1960). The Loving and Beloved Superego in Freud's Structural Theory. *Psychoanal. St. Child*, 15:163-188
- Hartmann, H. and Loewenstein, R.M. (1962). Notes on the Superego. *Psychoanal. St. Child*, 17:42-81

### Class Nine: Ego Psychology - Anna Freud

- Freud, A. (1937) *The Ego and the Mechanisms of Defense*, Chapters 1-5, Madison, International Universities Press.

Class Ten: Ego Psychology - Heinz Hartmann

- Hartmann, H. (1939). Ego Psychology and the Problem of Adaptation. International Universities Press, Inc. New York. Chapters 1-4

Class Eleven: Ego Psychology - Charles Brenner

- Brenner, C. (2002). Conflict, Compromise Formation, and Structural Theory. *Psychoanal. Q.*, 71(3): 397-417
- Auchincloss Chapter 10

Class Twelve: Recapitulation and Transition

- Freud, S. (1917). *Mourning and Melancholia*. Standard Edition, Vol. 14, pp. 237-258.

Class Thirteen: Object Relations Theory

- Sandler, J. and Rosenblatt, B. (1962) *The Concept of the Representational World*, Psychoanalytic Study of the Child, Vol. 17, pp 128-165.
- Greenberg/Mitchell Chapter 1

Class Fourteen: Object Relations - Melanie Klein

- Klein, M. (1946). Notes on Some Schizoid Mechanisms. *Int. J. Psycho-Anal.*, 27:99-110
- Greenberg/Mitchell Chapter 5

Class Fifteen: Object Relations - William Fairbairn

- Fairbairn, W.D. (1944). Endopsychic Structure Considered in Terms of Object-Relationships. *Int. J. Psycho-Anal.*, 25:70-92
- Greenberg/Mitchell Chapter 6

Class Sixteen: Recapitulation